

REBEL

DISCUSSION GUIDE

Chapter 1 | What Is a Rebel?

1. As you begin this book, how would you define rebel? Based on the title, description, and introduction, how might you hope or expect that definition to change as you work through these pages?
2. In what ways did Jesus show Himself to be a rebel? Which of those stand out most to you, and why?
3. What insights do you draw from Anne's journey toward her calling to be "a light for Jesus in country music," and how might they apply to your own life?
4. If you have found aspects of following Jesus to be challenging, especially in a culture that tends to oppose biblical truth, what encouragement might you receive from this first chapter?
5. Anne writes that the Christian life is intended to be "an epic journey of faith and adventure." To what extent have you experienced this? What could it look like for your walk with Jesus to become more epic and adventurous?

Chapter 2 | Following Jesus

1. Anne writes of her decision to follow Jesus at age twelve. Reflecting on your own story, how did God first speak to you and draw you toward Himself? What difference has that made in your life?
2. When it comes to following Jesus, "we are either with Him or against Him—nothing in between," Anne writes. How does that statement speak to you?
3. What do you think of Anne's assertion that becoming a follower of Christ as a radical shift from one kingdom to another, "a sudden turning away from everything in order to follow Him"?
4. A tragic event when she was young shaped Anne's faith and perspective of God. Which of the details she shares about how it affected her resonate most with you? Why?
5. All who follow Jesus will be tested by life's pains and trials. In what ways has this been true for you? How have you seen Him meet you with His love within those struggles?

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Chapter 3 | A Rebel Stands for Truth

1. What speaks to you from Anne's chapter-opening story about the musical event that tested her resolve and challenged her to stand firm in God's calling on her life?
2. Looking back on your life and faith, how has God worked through any similar situations to grow your confidence in His plans for you?
3. What are some challenges we face in standing firm for biblical truth in a world where doing so often meets severe resistance, scorn, or ridicule?
4. Why do you think Anne emphasizes the roles of prayer and the Word of God in providing the strength necessary to stand firm as rebels for Jesus and His truth?
5. Does someone come to mind in your life—perhaps a family member, friend, neighbor, or coworker—whom God might want to reach and bless through you? Will you pray for and look for opportunities to share His grace and goodness with them?

Chapter 4 | A Rebel's Identity

1. To what extent do you ever struggle to view yourself as God's beloved child in Christ? If so, why do you think that can be so difficult?
2. What makes the comparison trap so dangerous to our identity, and what does Anne describe as the wisest ways to avoid or overcome comparison's negative influence?
3. What does Anne write is the only true, lasting source of comfort, security, and contentment?
4. Anne declares that if you belong to Jesus, "you are a blood-bought, battle-fought, made-new child of the King!" How does that statement speak to you? Is it difficult for you to believe it? If so, why do you think that is?
5. Anne concludes that the only way to find your true self is "to follow wholeheartedly after Jesus and let Him become the goal of your life." What step(s) could you take this week toward that becoming a clearer, more confident reality in your life?

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Chapter 5 | A Rebel's Strength

1. Anne writes about a season of extreme busyness in her music that nearly wore her out. Can you relate to any of what she experienced? What has exhaustion looked and felt like in your life?
2. Have you ever had to navigate a season of grief that led to deep fatigue? What do you think makes the combination of those two factors so challenging to endure?
3. Consider looking up and listening to (or reading the lyrics of) Anne's song "Strong." How does it speak to you about the source of strength that is the most reliable and trustworthy?
4. What makes the trap of self-reliance so dangerous, and what ways does Anne advocate to rebel against its lure?
5. What is one choice you could make this week to increase your reliance on God and rest more fully in His strength rather than depending on your own efforts?

Chapter 6 | Giving God All the Glory

1. In what areas do you find yourself most tempted to take unhealthy pride or credit rather than directing the glory to God? Why is pride so difficult to resist?
2. Anne writes that "Jesus walked in authority and strength—not pride." Which of the examples she provides from Scripture speak to you and your own struggles with pride?
3. Reflecting on the apostle Paul's teaching in Galatians 2:20 ("I have been crucified with Christ and I no longer live, but Christ lives in me"), what does it mean for Jesus to live in you, and what difference does that make in how you approach each day?
4. Paul also wrote about Jesus becoming human and "taking the very nature of a servant" (Philippians 2:7). How might that truth influence how we as the Lord's beloved ones think and act toward others?
5. Ultimately, Anne writes, the key to overcoming pride is "a [humble] heart totally dependent on God and walking in the fullness of life that He alone can give." What might greater fullness look like in your life as you follow Jesus today?

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Chapter 7 | Weapons and Warfare

1. What does it mean to be “at war” for Christians following Jesus and seeking to walk closely with Him?
2. Why is it important to keep in mind the distinction Anne draws between being saved and secure in our identity and Christ and remaining subject to battles with evil on this side of heaven?
3. This chapter points to scriptures including Ephesians 6:14–18, where Paul described the “armor of God.” Take a few minutes to reflect on those verses and write down (or share with a friend) which aspect(s) of the weapons of warfare stand out to you and the current battle(s) you are facing?
4. Anne emphasizes prayer, God’s Word, and worship as key ways to stand strong in battle. In which of those areas could your faith grow and deepen most as you incorporate them into your daily walk with Jesus?
5. What difference does it make to approach spiritual battles in light of the truth that “we know how it ends—total victory over the Enemy and eternal reward for God’s people”?

Chapter 8 | The Restful Heart of a Rebel

1. As you read Anne’s thoughts about rest in the first part of the chapter, do you sense that deep rest is lacking in your life? If so, where do you feel that the most?
2. What makes it rebellious to pursue deep, restorative rest while living in a modern world that prizes busy schedules, nonstop productivity, and grinding to accumulate more?
3. God instructs us in Scripture to rest and to spend private time with Him. Which of the biblical examples that Anne cites resonates most with you on this vital subject?
4. Why do you think Anne connects the concept of rest with the extent to which we are reliant on God to provide for our needs?
5. The benefits of rest that Anne describes include “trusting God completely, obeying His voice, and surrendering the outcome to Him.” In what ways does pausing and resting from your work and other distractions foster those things?

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Chapter 9 | Relentless Pursuit

1. “What you behold, you become,” Anne writes. What things do you find yourself “beholding” (fixing your heart and mind on) most of the time? Consider some of the examples she lists in this first part of this chapter.
2. By contrast, what does a “true Jesus rebel” focus on most—the “One Thing that matters”—and what difference does it make to fix our gaze there?
3. What stands out to you in the section about priorities? Where might any of yours benefit from an adjustment?
4. Psalm 46:10 says, “Be still and know that I am God.” How does that truth speak to you as you consider what it takes to remain relentless without growing weary?
5. The prayer at the end of this chapter includes asking God to “show me where the little pebbles of this life are filling places only You should fill.” Do any examples of that in your life come to mind where you could ask Him for help?

Chapter 10 | A Rebel’s Heart to Please God

1. Do you ever struggle with people pleasing, as Anne writes that she has?
2. What are the key differences between peacekeeping and peacemaking?
3. How would you answer the question that Anne asks herself: Are you obeying God and joining with Him in His ministry of reconciliation, or are you too worried about upsetting people and too concerned with what they’ll think of you?
4. What does it look like to lay down our lives (our wants, desires, and comforts) and take up the call of God to walk with Him as a “rebel” against the darkness of this world?
5. Finally, thinking about one of Anne’s final messages in the book—“When the world goes one way, we will go another. Let’s stand our ground and not back down”—what action could you take to stand firm, resist evil, and grow closer to God in the coming days?